



Statins

2026 SUPD, SPD, SPC

PRESENTATION IS BASED ON BCBSM DETAIL. FOR ALL PAYERS, PLEASE BE SURE TO REFERENCE THE MOST CURRENT VERSION OF THE EVIDENCE BASED CARE (EBC) COLORED SHEETS FOR MEASURE INCLUSION AND IF INCENTIVIZED.



Definition:

Statin Use in Persons with Diabetes (SUPD)

Percentage of patients who were dispensed a diabetes medication and are receiving statin therapy

▶ **Denominator:** Patients age 40-75 years old who were dispensed at least two diabetes medication fills during the measurement year

▶ **Numerator:** Patient dispensed at least one statin medication of **any** intensity during the measurement year using their Medicare Part D benefit

SUPD

Denominator- Medications

Diabetes medications			
Alpha-glucosidase inhibitors	Amylin analogs	Antidiabetic combinations	Biguanides
Insulin	Meglitinides	Sulfonylureas	Thiazolidinediones
Glucagon-like peptide-1 (GLP 1) agonists	Dipeptidyl peptidase-4 (DDP-4) inhibitors	Sodium glucose cotransporter 2 (SGLT2) inhibitor	

SUPD

Numerator- Medications

Statin Medications: Generic and Brand Names			
Atorvastatin (Lipitor, Caduet)	Lovastatin (Altoprev)	Pravastatin (Pravachol)	Simvastatin (Zocor, Vytorin)
Fluvastatin (Lescol XL)	Pitavastatin (Livalo, Zypitamag)	Rosuvastatin (Crestor, Ezallor), Roszet)	

SUPD ICD-10 Exclusion Condition Codes

Cannot use lifetime
exclusion code

Condition	ICD-10-CM code
Cirrhosis	K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69
ESRD	I12.0, I13.11, I13.2, N18.5, N18.6, N19, Z91.15, Z99.2
Pregnancy and/or Lactation	Numerous > 1k
Polycystic Ovarian Syndrome	E28.2
Pre-diabetes	R73.03
Other abnormal blood glucose	R73.09
Myopathy, drug induced *	G72.0
Myopathy, Other specified *	G72.89
Myopathy, unspecified *	G72.9
Myositis, other *	M60.80, M60.819, M60.829, M60.839, M60.849, M60.859, M60.869, M60.879
Myositis, unspecified *	M60.9
Rhabdomyolysis *	M62.82

**The condition the code refers to does not necessarily need to occur in the same year the code was billed.
The member's medical chart should reflect 'history of'.*

SUPD Exclusions Continued

- ▶ Members **in hospice** care or using hospice services at any time during the measurement period
- ▶ Dispensed **a PCSK9 Inhibitor or bempedoic acid medication** (e.g., Repatha, Praluent, Nexletol, Nexlizet)
 - ▶ New Medication Exemption: If the member is in the measure and **has NOT filled a statin**, but has medication (e.g., Praluent, Repatha, Leqvio, Nexletol, Nexlizet), then **at least one claim for a PCSK9 inhibitor or bempedoic acid** they will be removed from the measure.
 - ▶ If the member **has at least one claim for a statin and PCSK9 inhibitor or bempedoic acid, they will remain in the measure.**

Providers may use virtual care to confirm and document the exclusion diagnosis in the medical record. They should then bill the non-reimbursable **HCPCS code G9781 for \$0.01** with the applicable ICD-10 code attached to process the claim and remove the patient from the Star measure.

Definition:

Statin Therapy for Patients with Diabetes (SPD)

The percentage of patients with diabetes **without** clinical atherosclerotic cardiovascular disease (ASCVD) who were dispensed and adhered to statin medication therapy during the measurement year

Commercial BCBSM

Denominator: Patients 40-75 years of age during the measurement year with diabetes who do not have ASCVD.

Encounter data: At least TWO Dx of DM on different dates of service.

Pharmacy data: dispensed insulin or hypoglycemics/antihyperglycemics AND have at least one Dx of DM

Numerator: Two rates are reported:

1. Received Statin Therapy: dispensed at least one statin medication of **any intensity** during the measurement year.

2. Statin Adherence: remained on statin medication of any intensity for at least **80%** of the treatment period.

Denominator-Diabetic Medications

Diabetes medications			
Alpha-glucosidase inhibitors	Amylin analogs	Antidiabetic combinations	Biguanides
Insulin	Meglitinides	Sulfonylureas	Thiazolidinediones
Glucagon-like peptide-1 (GLP 1) agonists	Dipeptidyl peptidase-4 (DDP-4) inhibitors	Sodium glucose cotransporter 2 (SGLT2) inhibitor	

Numerator-Statin Medications

Statin Medications: Generic and Common Names		
Atorvastatin (Lipitor)	Fluvastatin (Lescol XL)	Pravastatin (Pravachol)
Amlodipine-atorvastatin (Caduet)	Lovastatin (Altoprev)	Rosuvastatin (Crestor, Ezallor)
Ezetimibe-simvastatin (Vytorin)	Pitavastatin (Livalo, Zypitamag)	Simvastatin (Zocor)

Condition	ICD-10 codes
Myalgia	M79.10–M79.12, M79.18
Myositis	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88–M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82
Cardiovascular disease (MI, CABG, PCI)	Numerous > 800
Cirrhosis	K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69, P78.81
End stage renal disease (ESRD)	N18.5, N18.6
Pregnancy	Numerous > 1,000
Condition	SNOMED codes
Rhabdomyolysis due to statin	787206005
Myalgia caused by statin	16462851000119106
History of myalgia caused by statin	16524291000119105
History of rhabdomyolysis due to statin	16524331000119104
Condition	CPT®/HCPCS codes
Dialysis	90935, 90937, 90945, 90947, 90997, 90999, 99512, G0257, S9339
Condition	HCPCS codes
In vitro fertilization (IVF)	S4015, S4016, S4018, S4020, S4021

Only submittable through the EMR
Action Needed: See if these codes are in your EMR and if not, work to obtain

SPD ICD-10 Exclusion Conditions

SPD Exclusions Continued

- ▶ Received **hospice** services anytime during the measurement year
- ▶ Receiving **palliative care** during the measurement year
- ▶ **Deceased** during the measurement year
- ▶ Are age **66 and older** with **advanced illness and frailty** (for additional definition information, see the Advanced Illness and Frailty Guide)

Definition: Statin Therapy for Patients with Cardiovascular Disease (SPC)

The percentage of patients with clinical atherosclerotic cardiovascular disease (ASCVD) receiving statin therapy

Denominator: Patients 21-75 years of age during the measurement year and identified as having clinical ASCVD

Numerator:

1. Patients dispensed at least one **high intensity** or **moderate intensity** statin medication during the measurement year
2. Statin Adherence: remained on statin medication of **high or moderate intensity** for at least **80%** of the treatment period.

SPC

Numerator- High and Moderate Intensity Statins

If a patient cannot tolerate the moderate to high intensity statin, a condition code should be entered to exclude them from the measure.

Even if they are on a low intensity statin.

Category	Medication
High-intensity	• Atorvastatin 40–80 mg • Amlodipine-atorvastatin 40–80 mg • Rosuvastatin 20–40 mg • Ezetimibe-simvastatin 80 mg • Simvastatin 80 mg
Moderate-intensity	• Atorvastatin 10–20 mg • Amlodipine-atorvastatin 10–20 mg • Rosuvastatin 5–10 mg • Simvastatin 20–40 mg • Ezetimibe-simvastatin 20–40 mg • Pravastatin 40–80 mg • Lovastatin 40–60 mg • Fluvastatin 40–80 mg • Pitavastatin 1-4mg

Denominator- ASCHD Conditions

Method	Details
Events	Any of the following events in the year prior to the measurement year: • Discharged from an inpatient setting with a myocardial infarction, or MI, on the discharge claim • A coronary artery bypass grafting, or CABG, in any setting • A percutaneous coronary intervention, or PCI, in any setting • Any other revascularization procedure in any setting
Diagnosis	Identify members as having ischemic vascular disease, or IVD, who met at least one of the following criteria during both the measurement year and the year prior to the measurement year. • MI: Discharged from an inpatient setting with an MI on the discharge claim. To identify discharges: ○ Identify all acute and nonacute inpatient stays ○ Identify the discharge date for the stay • CABG: Members who had CABG in any setting • PCI: Members who had PCI in any setting • Other revascularization: Members who had any other revascularization procedures in any setting

SPC

ICD-10

Condition

Exclusion

Codes

Condition	ICD-10-CM Codes
Myalgia	M79.10–M79.12, M79.18
Myositis	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88, M60.89, M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82
Cirrhosis	K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69, P78.81
End stage renal disease (ESRD)	N18.5, N18.6
Pregnancy	Numerous > 1k
Condition	CPT® and HCPCS Codes
Dialysis	90935, 90937, 90945, 90947, 90997, 90999, 99512, G0257, S9339
Condition	HCPCS Codes
In vitro fertilization (IVF)	S4015, S4016, S4018, S4020, S4021
Condition	SNOMED Codes
Rhabdomyolysis due to statin	787206005
Myalgia caused by statin	16462851000119106
History of myalgia caused by statin	16524291000119105
History of rhabdomyolysis due to statin	16524331000119104

Only submittable through the EMR

Action Needed: See if these codes are in your EMR and if not, work to obtain

SPC Exclusions Continued

- ▶ Members in **hospice care** or using hospice services at any time during the measurement year
- ▶ Members receiving **palliative care** during the measurement year
- ▶ Medicare members **66 years of age** or older as of Dec. 31 of the measurement year who meet either of the following: Enrolled in an Institutional SNP, or I-SNP, at any time during the measurement year
- ▶ Lived **long-term in an institution** at any time during the measurement year.
- ▶ Members **66 years of age or older** as of Dec. 31 of the measurement year with **frailty and advanced illness**.

Evidence based patient indications for lower statin adherence

- ▶ Reasons patients discontinue or never start statins
 - ▶ They have had experience with, or apprehension about, adverse events such as
 - ▶ muscle-related effects
 - ▶ cognitive or memory problems
 - ▶ New-onset diabetes
- ▶ Patient demographics of those with lower adherence
 - ▶ Adults aged 50 years or younger and aged 70 years or older
 - ▶ Females
 - ▶ African American or Hispanic patients
 - ▶ Low-income patients or having new financial issues
 - ▶ Those with low health literacy
 - ▶ Patients without coronary heart disease (CHD) have displayed lower statin adherence

Tips for meeting statin metrics

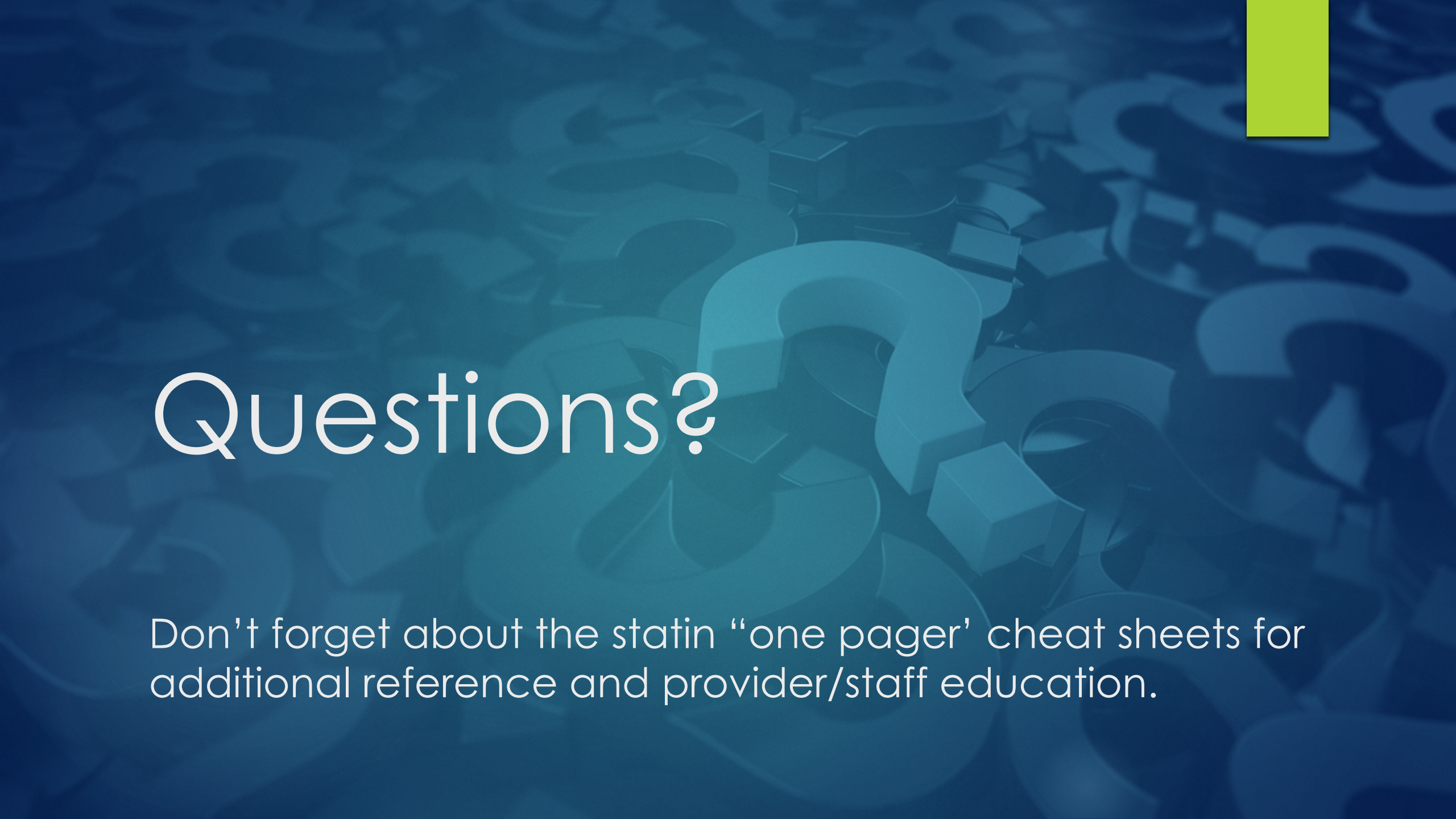
- **Enter EXCLUSION CODES** during patient visit (Provide list to physicians & APP's)
- Gap closure is dependent on **pharmacy claims**
- Instruct patients to fill prescriptions using their **insurance card/pharmacy benefit**.
 - Discount programs, cash claims, VA benefits and medication samples do not count
 - Add verbiage on the statin prescription to **“run it through their pharmacy benefit”**
- Utilize care management teams to **perform pt follow up on newly prescribed statins**
 - 2 weeks, 30 days, 45 days & encourage **mail in pharmacy** adoption
- Educate pts on the importance of statin medications for diabetic & over 40 yrs old
 - Provide **evidence-based handout or other materials**
- Request pts to contact their practitioner if they think they are experiencing adverse effects to statins.
 - Consider trying a different statin that is more hydrophilic or reducing the dose or frequency, alternating day dosing, once or twice weekly dosing
- Once patients demonstrate they can tolerate statin therapy, encourage them to obtain a **90-day supply** with their retail or **mail order pharmacy**.

Comparison of SUPD-SPC-SPD Metrics for BCBSM

	SUPD	SPD	SPC
Medicare Stars Measure	Yes	No	No
Population	BCBSM MAPPO & BCNA	BCBSM Commercial	Commercial BCBSM & BCN
Age range	40-75 yrs	40-75 yrs	21-75 yrs
Denominator	Two Diabetic Medications	~Two Diagnosis of Diabetes- No CVD or ~Diabetes Medication + One Diagnosis of Diabetes	Diagnosed with ASCVD
Numerator	One Statin Dispensed Any Intensity	One Statin Dispensed Any Intensity & Statin Adherence	One Statin Dispensed High or Moderate Intensity
Regular Exclusions Must Be Submitted Annually	Yes	Yes	Yes
Lifetime Exclusion Applicable	No	Yes	Yes
Virtual Visits Allowed	Yes	Yes	Yes
Closed by Pharmacy Claims	Yes	Yes	Yes
Must Use Pharmacy Benefit to get Credit	Yes	Yes	Yes

Statin Measure Payer Comparison

- ▶ **SUPD:** Medicare- MAPPO, BCN-A, HAP-MA, Priority
- ▶ **SPD:** Commercial- Only BCBSM
- ▶ **SPC:** Commercial- BCBSM, BCN



Questions?

Don't forget about the statin "one pager" cheat sheets for additional reference and provider/staff education.