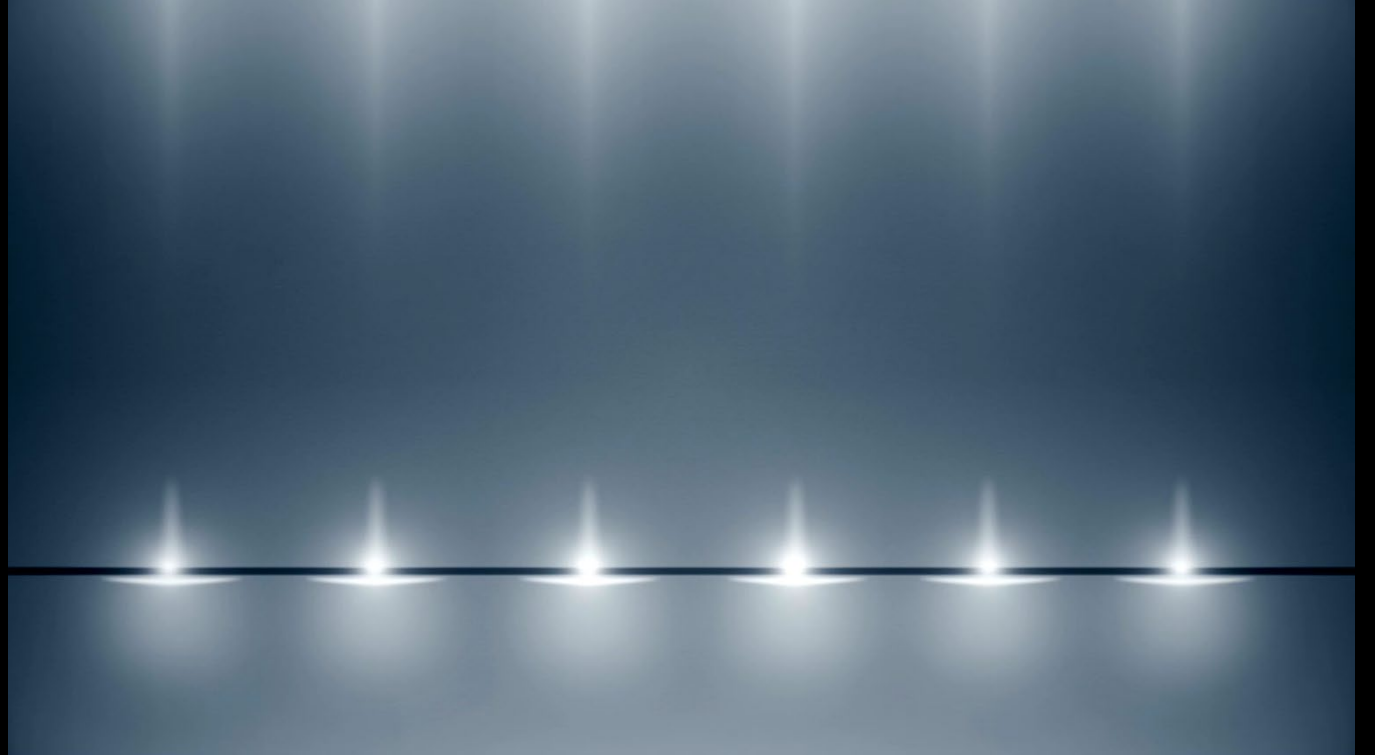


# Quality Spotlight: Advanced Illness and Frailty



2026

Please ensure this detail  
gets to your clinicians,  
staff rooming your patients &  
staff working gaps in care

# Why is it important to identify advanced illness and frailty in your patient population?

**To tell the  
payers to  
remove  
patients from  
certain  
measures that  
don't belong  
there!**

Services measured by NCQA may not benefit older adults with limited life expectancy and advanced illness

Unnecessary tests or treatments could be a burden or even harmful

# Definitions:

## ADVANCED ILLNESS

At least **two different dates of service** with an advanced illness diagnosis during the **measurement year** or **the year prior**

**Or**

A **dispensed dementia medication** during the **measurement year** or the **year prior**



## FRAILITY

At least **two indications of frailty** with **different dates of service** during the **measurement year**

# BCBSM

## Measures You Can Remove Patients From:



| Star Measure exclusion criteria                                  | Applicable HEDIS® Star Measure                                                                                                                                                                                                                                                                                                      |
|------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 66 years and older with <b>both</b> advanced illness and frailty | <ul style="list-style-type: none"><li>• Breast Cancer Screening (BCS-E)</li><li>• Colorectal Cancer Screening (COL-E)</li><li>• Eye Exam for Patients with Diabetes (EED)</li><li>• Glycemic Status Assessment for Patients With Diabetes (GSD)</li><li>• Statin Therapy for Patients with Cardiovascular Disease (SPC-E)</li></ul> |
| 66-80 years old with <b>both</b> advanced illness and frailty    | <ul style="list-style-type: none"><li>• Controlling High Blood Pressure (CBP)</li><li>• Kidney Health Evaluation for Patients with Diabetes (KED)</li></ul>                                                                                                                                                                         |
| 67-80 years old with <b>both</b> advanced illness and frailty    | <ul style="list-style-type: none"><li>• Osteoporosis Management in Women Who Had a Fracture (OMW)</li></ul>                                                                                                                                                                                                                         |
| 81 years and older with frailty alone                            | <ul style="list-style-type: none"><li>• Controlling High Blood Pressure (CBP)</li><li>• Kidney Health Evaluation for Patients with Diabetes (KED)</li><li>• Osteoporosis Management in Women Who Had a Fracture (OMW)</li></ul>                                                                                                     |

**Malignant Neoplasm of Pancreas** C25.0-4, C25.7-9 or **Brain** C71.0-9

**Many/Most “Secondary” Malignant Neoplasms**

**Leukemia** C91.00, C92.00, C93.00, C93.90, C93.Z0, C94.30

**Leukemia in relapse** C91.02, C92.02, C93.02, C93.92, C93.Z2, C94.32

**Dementia** F01.50, F01.51, F01.80, F02.81, F03.90, F03.91, F10.27, F10.97, G31.09, G31.83

**Alzheimer’s** G30.0, G30.1, G30.8, G30.9

**Parkinsons** G20

**Multiple Sclerosis** G35

**ALS** G12.21

**Heart Failure** I09.81, I11.0, I13.0, I13.2, I50.1, I50.20-23, I15.30-33, I15.40-43, I150.810-814, I150.82-84, 150.89, 150.9

**CKD Stage 5** I12.0, I13.11, I13.2, N18.5

**End Stage Renal Disease** N18.6

**Emphysema** J43.0, J43.1, J43.2, J43.8, J43.9, J98.2, J98.3

**Pulmonary Fibrosis** J84.10, J84.112, J84.17, J84.170, J84.178

**Resp Failure** J96.10-12, J96.20-22, J96.90-92

**Resp Condition due to chemical, gases, fumes, vapors** J68.4

**Hepatic Disease** K74.0, K74.00-02, K74.1, K74.2, K74.4, K74.5, K74.60, K74.69

**Alcoholic Hepatic Disease** K74.10, K70.11, K70.2, K70.30, K70.31, K70.40, K70.41, K70.9

# COMMON ADVANCED ILLNESS DIAGNOSIS CODES

Please refer to Advanced Illness & Frailty Star  
Tip Sheet for a full list of diagnosis codes

# Dementia Medications:



## Cholinesterase Inhibitors

Donepezil  
Galantamine  
Rivastigmine

## Central Nervous System

Memantine

## Dementia Combinations

Donepezil-Memantine

Please refer to Advanced Illness & Frailty Star Tip Sheet for a full list of diagnosis codes

# COMMON FRAILTY INDICATION CODES “DEVICES”

| Frailty                                                                                                                                             |                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|
| HPCS code                                                                                                                                           | Definition                                                     |
| E0100, E0105                                                                                                                                        | Cane                                                           |
| E0130, E0135, E0140, E0141, E0143, E0144, E0147-9                                                                                                   | Walker                                                         |
| E0163, E0165, E0167, E0168, E0170, E0171                                                                                                            | Commode chair                                                  |
| E0250, E0251, E0255, E0256, E0260, E0261, E0265, E0266, E0270, E0290-7, E0301-4                                                                     | Hospital bed                                                   |
| E0424, E0425, E0430, E0431, E0433, E0434, E0435, E0439, E0440-4                                                                                     | Oxygen                                                         |
| E0462                                                                                                                                               | Rocking bed with or without side rails                         |
| E0465, E0466                                                                                                                                        | Home ventilator                                                |
| E0470-2                                                                                                                                             | Respiratory assist device                                      |
| E1130, E1140, E1150, E1160, E1161, E1170, E1171, E1172, E1180, E1190, E1195, E1200, E1220, E1240, E1250, E1260, E1270, E1280, E1285, E1290, E1295-8 | Wheelchair                                                     |
| G0162, G0299, G0300, G0493, G0494                                                                                                                   | Skilled RN/LPN services related to home health/hospice setting |
| S0271                                                                                                                                               | Physician management of patient home care, hospice             |
| S0311                                                                                                                                               | Management and coordination for advanced illness               |
| S9123, S9124, T1000-5, T1019-22, T1030, T1031                                                                                                       | Nursing, respite care and personal care services               |



Please refer to Advanced Illness & Frailty Star Tip Sheet for a full list of diagnosis codes

## Frailty

| ICD-10-CM code                                                                                                                             | Definition                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| R29.6, W01.0XXA-W01.198S, W06.XXXA-W06.XXXS, W07.XXXA-W07.XXXS, W08.XXXA-W08.XXXS, W10.0XXA-W10.9XXS, W18.00XA-W18.39XS, W19.XXXA-W19.XXXS | Fall                                                                                                          |
| Y92.199                                                                                                                                    | Unspecified place in other specified residential institution as the place of occurrence of the external cause |
| Z59.3                                                                                                                                      | Problems related to living in residential institution                                                         |
| Z73.6                                                                                                                                      | Limitation of activities due to disability                                                                    |
| Z74.01                                                                                                                                     | Bed confinement status                                                                                        |
| Z74.09                                                                                                                                     | Other reduced mobility                                                                                        |
| Z74.1                                                                                                                                      | Need for assistance with personal care                                                                        |
| Z74.2                                                                                                                                      | Need for assistance at home and no other household member able to render care                                 |
| Z74.3                                                                                                                                      | Need for continuous supervision                                                                               |
| Z74.8                                                                                                                                      | Other problems related to care provider dependency                                                            |
| Z74.9                                                                                                                                      | Problem related to care provider dependency, unspecified                                                      |
| Z91.81                                                                                                                                     | History of falling                                                                                            |
| Z99.11                                                                                                                                     | Dependence on respirator (ventilator) status                                                                  |
| Z99.3                                                                                                                                      | Dependence on wheelchair                                                                                      |
| Z99.81                                                                                                                                     | Dependence on supplemental oxygen                                                                             |
| Z99.89                                                                                                                                     | Dependence on other enabling machines and devices                                                             |

# COMMON FRAILTY INDICATION CODES



Please refer to Advanced Illness & Frailty Star Tip Sheet for a full list of diagnosis codes

## Frailty

| ICD-10-CM code   | Definition                                                              |
|------------------|-------------------------------------------------------------------------|
| L89.000 - L89.96 | Pressure ulcer                                                          |
| M62.50           | Muscle wasting and atrophy, not elsewhere classified, unspecified state |
| M62.81           | Muscle weakness (generalized)                                           |
| M62.84           | Sarcopenia                                                              |
| R26.2            | Difficulty in walking, not elsewhere classified                         |
| R26.89           | Other abnormalities of gait and mobility                                |
| R26.9            | Unspecified abnormalities of gait and mobility                          |
| R53.1            | Weakness                                                                |
| R53.81           | Other malaise                                                           |
| R54              | Age-related physical debility                                           |
| R62.7            | Adult failure to thrive                                                 |
| R63.4            | Abnormal weight loss                                                    |
| R63.6            | Underweight                                                             |
| R64              | Cachexia                                                                |

# COMMON FRAILTY INDICATION CODES



Please refer to Advanced Illness & Frailty Star Tip Sheet for a full list of diagnosis codes

# Workflow Strategies Ideas

- Find patient commonalities in each of the groupings of measures they can be removed from depending on their age
  - "Device and Dementia-Alzheimer's"
  - "Device and Liver issues"
  - "Device and Respiratory issues"
  - "Device and Neoplasms-Leukemias"
  - "Device and MS, Parkinson, ALS"
  - "Device and Heart Failure"
  - "Device and Renal disease"



# Workflow Strategies Ideas

Find patient commonalities in each of the groupings of measures they can be removed from depending on their age (Continued)

Is the patient dependent on someone or something to manage their daily activities or frail in general?

- "Dependence and Dementia-Alzheimer's"
- "Dependence and Liver issues"
- "Dependence and Respiratory issues"
- "Dependence and Neoplasms-Leukemias"
- "Dependence and MS, Parkinson, ALS"
- "Dependence and Heart Failure"
- "Dependence and Renal disease"



# Workflow Strategies Ideas (Cont)

- Determine does your EMR have ability to flag ----- when doing chart prep
- Provide quick access to Advanced Illness & Frailty Cheat Sheet to clinicians in work zones
- Determine patient device being used
  - Educate front desk/MA staff to identify/flag charts (rooming papers) when any patient over age 66 has a "device" or is "dependent" on someone or something.
    - Extra identification for patients 81 and older
      - (This alone removes them from 3 measures)
  - Educate clinicians performing AWW's to code frailty codes
    - (Needs to be coded twice in a year)

# What GLPO payer programs does this effect?

Each payer has a different set of guidelines for individual advanced illness & frailty measures.

Reference tool being sent with this presentation and displays the variations for:

BCBSM, BCN, Priority Health, Humana & HAP  
MSSP

ACO REACH

Virtual visits are acceptable when used to exclude a patient



# Questions?

