Quality Spotlight 2026

Controlling Blood Pressure (CPB)

Controlling High Blood Pressure (CBP)

Percentage of patients with hypertension whose blood pressure was adequately controlled

Denominator:

- Patients 18-85 years of age with a diagnosis of hypertension on at least two different dates of service between January 1 of the year prior and June 30 of the measurement year

Numerator:

- The final blood pressure reading of the measurement year is adequately controlled (≤139/89 mm Hg)

The BP reading must occur ***on or after*** the date of the **second** diagnosis of hypertension

Blood Pressures must be

AT or BELOW 139 AND **AT or BELOW** 89.

Systolic of 140 / __ does not meet

Diastolic of __/ 90 does not meet

Controlling a Patients' Blood Pressure may count for 2 measures:

Controlling Blood Pressure measure (CPB)

And if diagnosed with DM, Diabetic Blood Pressure measure (BPD)

Exclusions

- Nonacute inpatient admission during the measurement year
- End stage renal disease, dialysis, nephrectomy or kidney transplant any time during the **patient's history**
- **Pregnancy** diagnosis during the measurement year
- Are **age 81 or older with frailty**
- Are **age 66-80 with advanced illness and frailty**
- Received **hospice** services anytime during the measurement year
- Received **palliative care** during the measurement year
- **Deceased** during the measurement year

CBP Tips:

- Report the lowest systolic and lowest diastolic pressures if more than one reading is taken on the same date
- The final blood pressure reading of the year will be used to determine HEDIS measure compliance
- Document exact readings
  - Do not round up blood pressure readings
  - Ranges and thresholds are not acceptable
- Virtual visit readings allowed
- Document patient reported blood pressures taken with a digital device
  - The provider does not need to see the digital reading
- Prescribe single-pill combination medications to assist with medication compliance
- BP readings can be captured from a specialty or urgent care visit if the consult note is part of the patient's medical record
  - Encourage patients to call after urgent care visits

- **Not included in measure:** BP readings taken from:
  - An acute inpatient stay
  - ED visit
  - Same day as a diagnostic or therapeutic procedure that requires a change in diet or medication

Practice Workflows

- "Every Patient - Every Time" care team mindset
- Wait to take BP
  - Did patient struggle walking into the room?
  - Did the patient drink caffeine this morning?
  - Did patient take BP meds?
- Take a second BP if needed 139/89
- If BP remains over 139/89
  - Alert provider with sticky note on the door to repeat
    - All patients: If still elevated Care Manager (CM) referral
      - *Provider discusses referral directly with patient*
    - CM to see patient during this visit
  - Bring back for virtual visit, "Nurse Visit" or care management visit
    - Bill 99211 or PDCM codes
  - Encourage Home Monitoring of BP's

Coding Blood Pressure Readings

CPT® II code	Most recent systolic blood pressure
3074F	< 130 mm Hg
3075F	130–139 mm Hg
3077F	≥ 140 mm Hg
CPT® II code	**Most recent diastolic blood pressure**
3078F	< 80 mm Hg
3079F	80–89 mm Hg
3080F	≥ 90 mm Hg

- Blood pressure CPT II codes should be billed as a $0.01 claim.
- Report with each office visit; this includes telehealth, telephone, e-visits or virtual visits.
- Can also be billed alone if taken outside of a visit (nurse visits, etc.).

Home Monitoring Blood Pressures (HMBP)


American Heart Association.

My Blood Pressure Log

Name: _____

My Blood Pressure Goal: _____ mm Hg

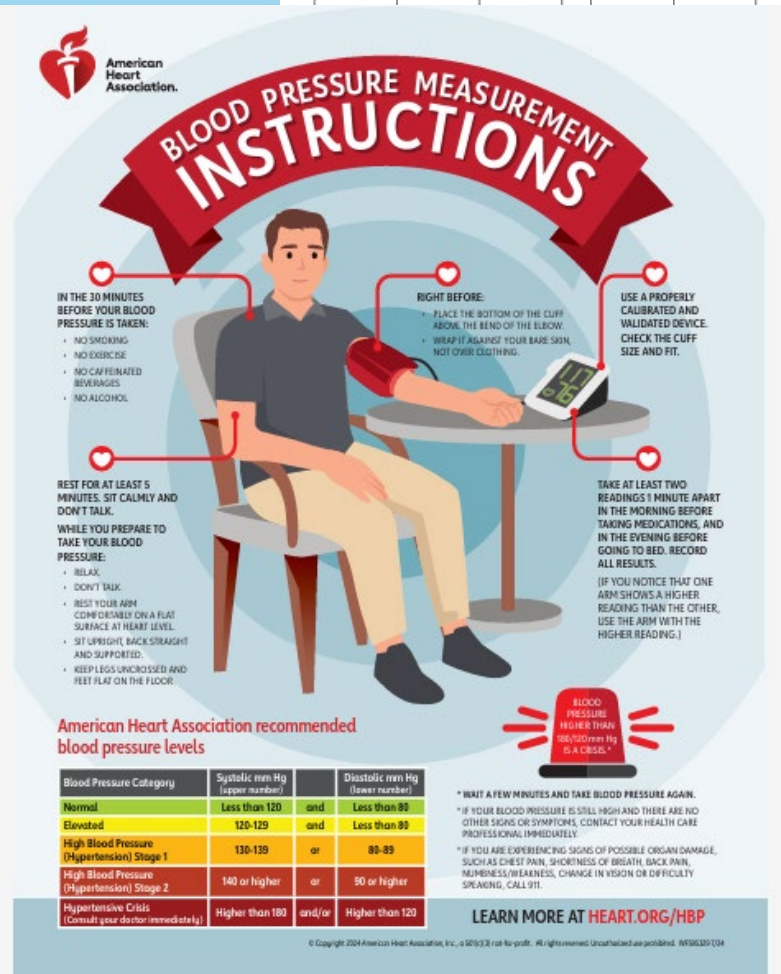
Instructions:

- Measure your blood pressure twice a day — in the morning before taking your medications and in the evening before going to bed. Take at least two readings one minute apart each time.
- For best results, sit comfortably with both feet on the floor for at least five minutes before taking a measurement. Sit calmly and don't talk.
- When taking your blood pressure, rest your arm on a table so the blood pressure cuff is at about the same height as your heart.
- Record your blood pressure on this sheet and show it to your health care professional at every visit.

Learn more about monitoring your blood pressure at home.

DATE	AM	PM

DATE	AM	PM



Educate patient on proper technique

- AHA 3-minute video https://youtu.be/rAwliNWe1bI
- AHA handout

Selecting a digital device for UPPER ARM

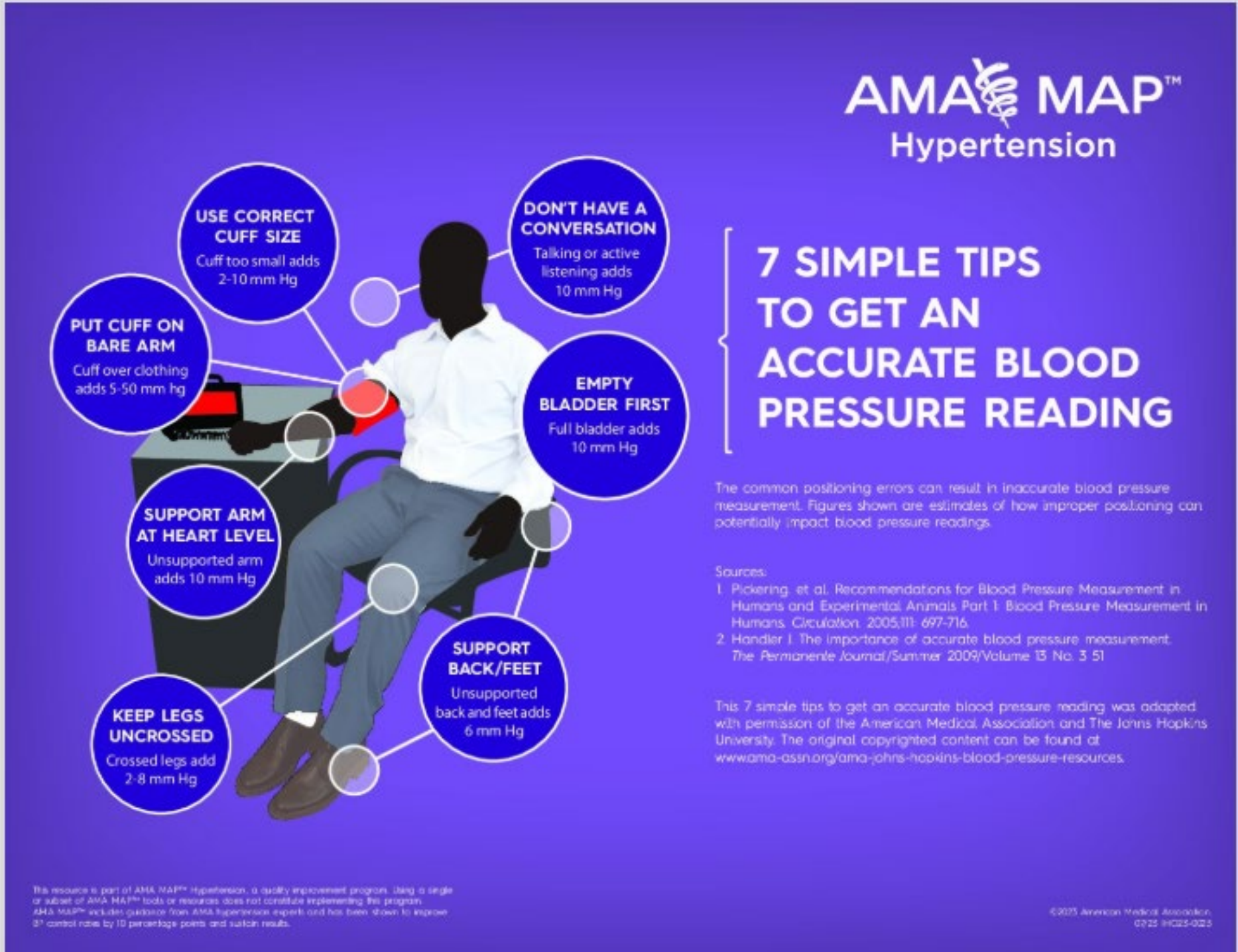
- Correct Size
- Storage of BP history lookback option preferred but not required
- Meijer , Amazon, Walmart about $30
  - What to do about low-income patients?
- After a device is purchased have patient bring it to appt and demonstrate for you how they use it

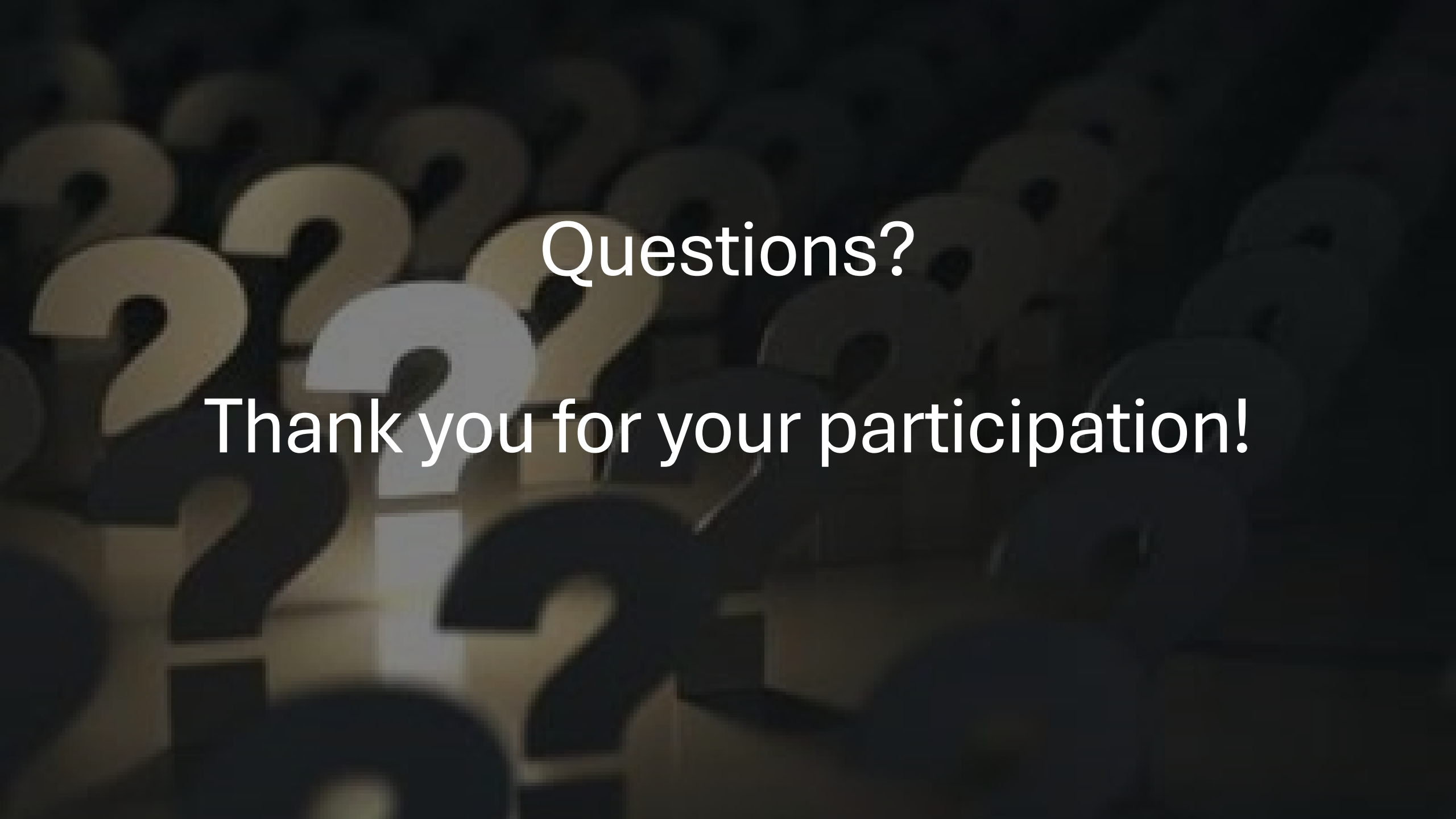
Payer Variations:

- **BCBSM & BCN**: Medicare & Commercial
- **Priority**: Medicare, Commercial & Medicaid
- **HAP:** Medicare & Commercial
- **Molina:** Medicaid
- **MSSP Practice:** FFS Medicare

Proper Technique for Accuracy

Is your exam room set up for success??




Questions?
Thank you for your participation!